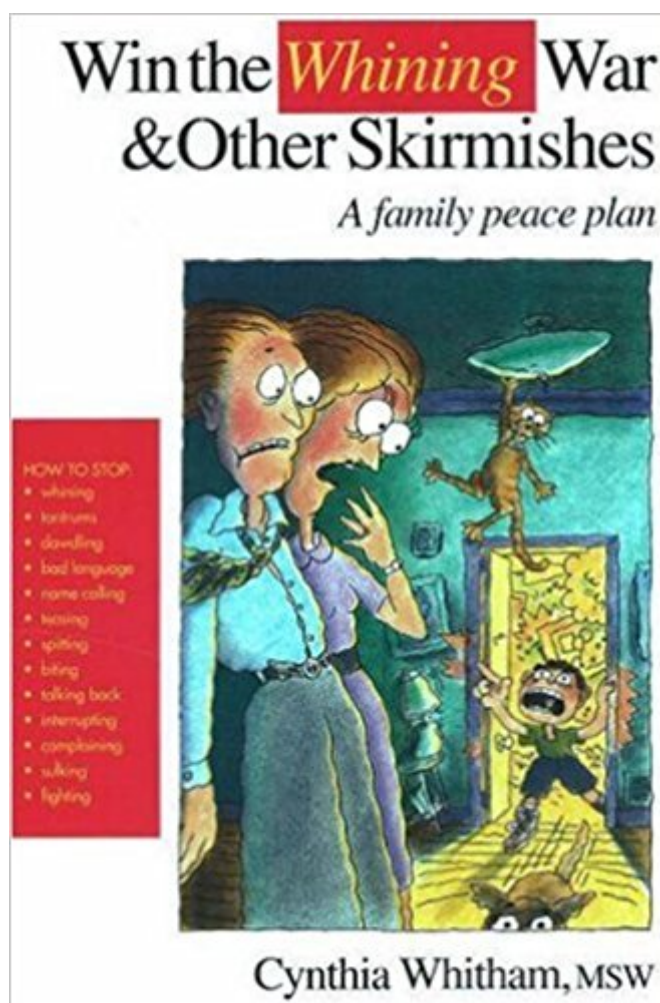


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# Win The Whining War & Other Skirmishes: A Family Peace Plan



## Synopsis

This easy-to-use guide helps parents increase cooperation and reduce conflict in households with children ages two through 12. Parents learn how to eliminate the tantrums, teasing, dawdling, interrupting, and complaining that drive them crazy.

## Book Information

Paperback: 208 pages

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## Customer Reviews

Any adult who has spent any time with a whining child knows that even an hour can drive a person crazy. Whitham, a staff therapist for the UCLA Parent Training Program, has developed successful techniques for diffusing the whining, complaining, sassy, dawdling, or annoying child. Positive reinforcement of behaviors parents like is her key: praise the act one approves of, ignore bad behavior, and set limits (clearly explained) on intolerable behavior. This book is so well presented, easy to read, positive, and chock full of ideas that even the most worn-out parents and teachers will approach their children with patience, firmness, good will, and love.- Linda Beck, Indian Valley P.L., Telford, Pa. Copyright 1991 Reed Business Information, Inc.

Cynthia Whitham, MSW, is a mother of two, a practicing licensed clinical social worker who specializes in parent training, and the associate director of UCLA's Parenting and Children's Friendship Program. She is the author of "The Answer Is NO": Saying It and Sticking to It, a companion book to Win the Whining War & Other Skirmishes.

Very helpful book that addresses many issues that most parents, teachers, caregivers face! I use it quite a bit to help me with my own children and I use suggestions from it to help parents that I work with. I've recommended this book to many, many people!

This book is a must for parents. Get it now. It is out of print. I am a counselor and I have stopped lending it out. I had to buy several copies and they never come back. Great ideas and they are easy to understand and use.

If you only buy one book on raising children make it this one. Simple, common sense concepts and techniques. I buy one for every willing parent of a 1 year old. And the cartoons and examples bring it to life.

This is my favorite parenting books. I give it to everyone I know who is having discipline problems with their children. I did not read it until my son was 13 and I really wish I had read it before he was born.

Therapist recommended this book and it has been a great addition to my parenting.

This book I picked up without realizing the treasure this is. When I read a few pages - so easy to do - I began sharing it with others. I purchased a copy to send to my son to help him relate to my grandson. lent a copy to a dear friend and am ordering ANOTHER for myself. I have an MSW & wish I had owned this book YEARS AGO.

Some of the advice in this book is horrifying and disrespectful to the young child. I suggest reading Laura Markham if you want to build a strong and positive connection with your child.

The book is a well-written and practical introduction to parent training. It is an easy read (I read it through over the course of a weekend), but as I've already discovered, putting Whitham's advice to the reality test is not a simple matter. The illustrations in the book are funny, too. I will probably use 90 percent of the material in my own parenting.

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